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**I AM  
THE BIRD  
OF THE  
JUNGLE**  
(.....Baba Tapasviji used to say)


**TAPASVI YOGA MISSION**

The Mission and Vision of a Baba Tapasviji's devotee is to realize Babaji's grace within one's ownself and acknowledge the same in everyone around and in every situation to perceive this Sansara (the world around us) as Shivmay (Heaven on earth).

A mantra is a ship to cross the ocean of worldly life as stated in Guru Gita (a part of Skanda Purana) - a dialogue between Lord Shiva and His wife Goddess Parvati on the Guru principle, the proper way to worship Guru and the benefits of reciting Guru Gita.



**SAT KARTAR BEDA PAR**  
(Baba Tapasviji's mantra)  
[www.puranbaba.com](http://www.puranbaba.com)  
Not for Sale



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ॐ Om Guru Om ॐ

Message For The Year 2013  
*Be The Host*




**Happy New Year**

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**WELCOME - SU SWAGATAM**

With pure love and great respect from the bottom of our hearts, we the devotees of Baba Tapasviji welcome you all aboard on the ship known as Sat Kartar Beda Par that you have all boarded having imbibed the mantra of Sat Kartar Beda Par.



(A mantra is a boat to crossover the ocean of worldly life, as stated in the holy scriptures. Whoever imbibes a Guru's mantra, boards the boat to smoothly cross the ocean of worldly life).

Once aboard on Babaji's ship of Sat Kartar Beda Par, one enjoys the journey of worldly life with complete zest and enthusiasm. Oh yes, with complete zest and enthusiasm! A realized devotee of a realized Guru always looks at the oncoming new year in a most optimistic form. This is because for true devotees, whatever is stored in the new year is always for the best and only the best. This is based upon the knowledge acquired on the spiritual path from the teachings of all Gurus who have said that Everything happens for the best.

Based upon the prime teachings of spiritual masters that Everything happens for the best, we the devotees in Tapasvi Yoga Mission came up with the message for

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the year 2013 as is a yearly practice so that we all imbibe, practice and share it with all the existing and new devotees of Baba Tapasviji.



You may hold this booklet of the message tight in your right hand and sit down in a lotus position, with your spine straight and with your eyes closed. Then take a long in-breath, then breathe out long. After couple of long deep in and out breaths, look again at this booklet and slowly read the message for the year 2013.

The message is packed with supreme energy to energize your new year with vibrant grace and the wisdom of the siddhas.

The message for the year 2013 that we, the devotees have come up at the dawn of 2013 is :

**Be The Host**  
(In Hindi निमंत्रक बनो)

(When you are a Host you tend to give your best and when you give your best, the best unfolds for you).  
Let the words of **BE THE HOST** as mentioned above settle down in your entire being with the rhythmic flow

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of your long in-breath and out-breath. These words arise from the most sacred place which is the pure hearts of Babaji's illuminated devotees who have believed and practiced Babaji's teachings.

Like a lamp which imparts light in all directions, Babaji's devotee is always ready to impart the knowledge of the self in all directions, illuminating all who come in contact.



Divine Light recognizing the divine light in all.

We shall now close our eyes again and visualize this lamp within us so as

to contemplate the sacred words **BE THE HOST** as stated as the message for the year 2013.

## Be The Host

The Sages were rich with knowledge of the universe. The universal truth that they experienced, they were ready to share it as a Prasad (gift) with all those who would come in contact with them. With just a few mere words from the treasure-house of their knowledge, they could invoke their blessings and give initiation to all those who took shelter under them.

A shelter under a Guru ensures smooth passage on the

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journey of worldly life because the Guru knows the past, present and the future and ensures the best and only the best for his devotees. Such is the greatness of realized Gurus.

True Masters have always spoken about the truth for their chosen ones in few words. It has been upto the devotees to contemplate those words and draw the essence out of them.

A realized devotee realizes the potential of the spiritual wealth contained in the words of the Guru and his teachings. Words of the Guru mean great amounts of wealth for the one who contemplates them and practices them as these are the only words that can guarantee a smooth passage across the ocean of worldly life.

Like every year we have a small story to share with all the existing and new devotees of Baba Tapaswiji. Here is the story known as a Vignette for this year of 2013 on Baba's boat of SAT KARTAR BEDA PAR :



### A Great Warrior - A vignette

In olden times there used to be a Warrior who had

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fought many wars for his motherland. He was a tall, bright and bold individual who during his childhood had been initiated by a spiritual master.

Initiation means the person would chant the master's mantra for peace inside as well as outside. The warrior had an eagle as his pet since childhood. By virtue of his spiritual qualities he had a straight access to the King of the land. The King would often call for this warrior and listen to the gentleman's version of the truth that he had acquired from his holy master. Deep inside the King would long to meet the holy master of the warrior but as they say, for everything there is a time and the time had yet to come for the King to meet the holy master of the warrior. While the warrior would daily chant his master's mantra with a pure heart, it so happened that in due course of time, his pet, the eagle also started chanting his masters' mantra.

Once the King went hunting with his retinue to the forests and after a long day of hunting he returned to a spot for resting in the night. Before sleeping, the King removed the bracelet that he used to wear which contained a photo of his mother which was dear to him. In the morning after a long night's rest the King got up and left the spot with his subjects to return from the forests. Unconsciously he forgot to pickup the bracelet containing his mother's photo. By the time he

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returned to palace, he remembered the bracelet.

The entire group had crossed quite a distance out of the forests and returning to the dense forest to look for the bracelet would mean looking for a needle in a haystack. Since the way to that spot was through the zig zag paths in the dense forest, it was not possible to pinpoint the exact place and reach the same place.

The King thought of his trusted warrior and entrusted him with the job of finding the lost bracelet in the forest. The warrior took up the challenge and chanted his Guru's mantra to aid him find the lost bracelet.

Meanwhile, upon return to the palace, the King decided to be a Host for a bhandara to feed all the poor people of his kingdom to take their blessings help him find the bracelet which meant a lot to him.

The bhandara was arranged while on the other hand, in the dense forest the warrior searched for the bracelet along with his pet eagle whose sharp eyes he



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depended on to pinpoint the bracelet. They say the vision of the eagle can see upto 8 times more clearly than the sharpest human eye.

The eagle was used to the chanting of the warrior's Guru mantra and zoomed in the sky high above the trees in the forests to spot the bracelet. Combined with the grace of the mantra and his sharp eyes the eagle managed to finally spot the bracelet.

The Warrior knew that it was the sheer determination of the eagle and the grace of his master that made the impossible into possible.

At the other the end, in the palace the King was busy finishing the bhandara that he had organized to host thousands of poor people of his kingdom. Never in his life was he at peace inside feeding the poor and hungry as he was now. The kind of satisfaction that he got feeding the poor he had never experienced in his life feeding himself and his family.

The bhandara left a strange mark on his heart and he



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was no longer worrying about the bracelet but rather enjoying the state of his mind and the peace inside that had sprung up in him on doing the bhandara. At the end of the bhandara, he saw the warrior returning with the bracelet and he could not believe his eyes. He knew that he owed this to the bhandara that he arranged. The warrior explained to the King how the bracelet was located by his pet eagle. The eagle gently came and sat on the shoulders of the King.

The sight of the gentle descent of the eagle on the King's shoulder's changed the King's life.

From that day onwards the King imbibed the warrior's guru's mantra and made it a practice to always feed the poor of his kingdom as his regular seva practice. He had realized that to feed was to be fed.

The King realised that he had all the material wants in his life and he had a role to play as reciprocation to acknowledge all that the Lord had blessed him with in his life.

### What is the moral of the story ?

When you chant the Guru's mantra the impossible becomes possible! When you believe in the bhandara practice, you acknowledge the Lord as the only Giver, feeding his chosen ones with your hands.

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### Be The Host

(When you are a Host you tend to give your best and when you give your best, the best of both knowledge and experience unfolds for you).

#### SAT KARTAR BEDA PAR

#### ESSENCE OF THE MESSAGE

Babaji's teaching:

**"ALWAYS WELCOME THE GUESTS CHEERFULLY WHOLEHEARTEDLY AND WITH LOVE. FEED YOUR GUESTS FIRST AND AFTER SATISFYING THEM YOU SHOULD EAT AND ENJOY".**

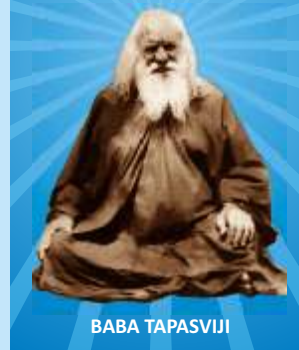
Contemplation and Learnings:

Any person coming in to your mind is like a guest (whether your friend or foe) you must welcome him in your mind wholeheartedly and with love and this way the divine light in you sees the divine light in him... Truth recognizing truth in others... Feed any person coming into your mind with first with good thoughts and after that only think good about yourself.



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Teachings Of Guru  
Are His Rays That Touch Us !



The Truth seeker, the truth speaker,  
the truth doer is ever victorious everywhere

Always welcome the guests cheerfully,  
wholeheartedly and with all love

Feed your guests first and after satisfying them,  
you should eat and enjoy

Do not waste your time in arguments & debates.  
Be amicable & cheerful and meet & mix with everybody

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Faith is beyond reason. Let everyone be true to his or her faith and the Guru

Serve the saints and sages faithfully and bow to them out of devotion with all humility and humbleness

Be always away from mischievousness and unmeaningful criticism of the saints and sages

Must learn to give if you want to receive  
What bliss you receive in feeding the hungry, you will never get in eating yourself

Man is born to serve others.  
He is not born not only to eat and enjoy

Sacrifice and love should be man's ideal and motto

Saints and sages are incarnations of the Divine.  
Cling to them, do not give them up and you will realize the Divine.

Where there is God, there is Peace and Plenty.  
Where there is Perfection, how can there be want ?

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When the thousand handed God will be pleased with thee to give thee, how much can you receive with only two hands? When He will be pleased to give thee, He will give thee in plenty.

Saints in their worldly life always do maximum good for maximum numbers. After giving up their body they bless & do whatever good whenever & wherever they are remembered sincerely. Thus saints always live & do good for their devotees.

The merciful saint, or merciful Guru can undo the course of fate. He, out of love for his disciple can help him/her attain the highest bliss. The Guru does "Kalayana" of his disciple

Never be angry. Be still and calm in all situations of life

For married persons, yoga and meditation are very difficult. For them Bhakti is very easy, simple and straight.

They are always happy who always remember and worship God

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Be always away from speculation and dishonest means of making money

In a Temple, Gurudwara, Mosque, Church or in the Agiyari, wherever you go & whomsoever you worship, it is same Almighty Divine who alone is the Truth. Waves rise & fall, the Ocean is the same everywhere. You drink the same water everywhere

Be charitable to all. Who are you to judge who is deserving and who is not deserving. Feed all.

Always remember the name of Sat Kartar or Ram and you will be always be happy

Insist always on the purity of mind and thought and the purity of speech and deed

Be always humble and meek.  
The Kingdom of God belongs to them.

Live always non-attached. Never lose the equanimity of mind in sorrow or in joy, in victory or in defeat.

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Always seek the saints and meet them.  
Their blessings work wonders

God has created a very healthy, just and beautiful world

Try to be perfect in everything, but do not be proud.

Be always humble. Its only God's power expressed through an individual. There is the difference in the degree & not in kind.

Always obey the Guru or the Saint. Never, never disobey Him.

