

Be always away from speculation and dishonest means of making money.

In a Temple, Gurudwara, Mosque, Church or in the Agiyari, wherever you go & whomsoever you worship, it is same Almighty Divine who alone is the Truth. Waves rise & fall, the Ocean is the same everywhere. You drink the same water everywhere.

Be charitable to all. Who are you to judge who is deserving and who is not deserving. Feed all.

Always remember the name of Sat Kartar or Ram and you will be always be happy.

Always insist on the purity of mind and thought and the purity of speech and deed.

Always be humble and meek. The Kingdom of God belongs to them.

Always live non-attached. Never lose the equanimity of mind in sorrow or in joy, in victory or in defeat.

Always seek the saints and meet them. Their blessings work wonders.

God has created a very healthy, just and beautiful world.

Try to be perfect in everything, but do not be proud.
Always be humble. It's only God's power expressed through an individual.
There is a difference in degree & not in kind.

Always obey the Guru or the Saint. Never disobey Him.



TAPASVI YOGA MISSION

The Mission and Vision of a Baba Tapasvijji's devotee is to realize Babaji's grace within one's ownself and acknowledge the same in everyone around and also in every situation to perceive this Sansara (the world around us) as Shivmay (Heaven on earth).

A mantra is a ship to cross the ocean of worldly life as stated in Guru Gita (a part of Skanda Purana) - a dialogue between Lord Shiva and His wife Goddess Parvati on the Guru principle, the proper way to worship Guru and the benefits of reciting Guru Gita.

SAT KARTAR BEDA PAR

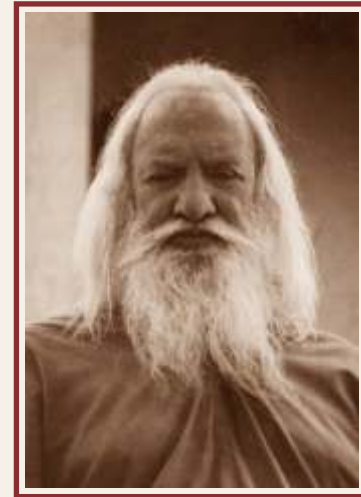
(Baba Tapasvijji's mantra)

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॥ Om Guru Om ॥

Message For The Year 2012 In Truth Lies The Victory



BABA TAPASVIJI

Happy New Year



SAT KARTAR BEDA PAR
(Baba Tapasvijji's mantra)

Welcome - Swagatam - Padharo

With Guru's unconditional love we welcome you all aboard the Babaji's ship of Sat Kartar Beda Par.

We are so happy to see you all aboard on this majestic ship.

Truly - Oh yes truly you are the lucky ones just like other fellow devotees who boarded this strong and seaworthy vessel of Sat Kartar Beda Par on the sea of worldly life.

A mantra as stated in the scriptures, is a ship to cross over the sea of worldly life.

It is for this reason we are proud to be on our Guru's ship through this mantra of Sat Kartar Beda Par.

Everyday some or the other new devotee boards this ship of Sat Kartar Beda Par and having boarded it, finds the journey so exiting - so exhilarating - so thrilling, so challenging, so enchanting ! It is a great passage of our lifetime.

That may be a short journey or a long journey, yet both are full of excitement - and here we are once again standing and assembling together on the upper deck of the ship, applauding and welcoming the new year with full zest, with great aspirations and a lot of enthusiasm.



As Babaji's devotees, our life is full of optimism and as a standard practice we always look at the future with enthusiasm and full of positivity.

This is because we know that whatever is in store for us in the new year, it will be the best for us.

In other words, we get enlightened the minute we imbibe Babaji's mantra of Sat Kartar Beda Par - such is the strength of this maha mantra from the great lineage of spiritual masters that we have inherited.

Oh yes, we have a lineage. A great lineage. We are proud of our lineage –

the lineage of great spiritual masters from the times of Baba Srichand to Baba Tapaswiji.

The very fact that the numeric words Sri 108 are used as a prefix to Babaji's name of Baba Tapaswiji bear the testimony of this lineage.

We have great support, we have great love, we have a great backing from the lineage of 108 spiritual masters who though are not in physical form with us, but they are there for us at every stage of our life, guiding us on the right path of our worldly life.

This support is no ordinary support - the grace has been flowing from the source of these spiritual masters and will continue to flow for us in the future as well for we the chosen devotees of Sri 108 Baba Tapaswiji Purandasji Maharaj.

It is in the nature of grace, just as it is in the nature of crystal clear water of a flowing river to flow from the source to quench the thirst of the seekers till it reaches the ocean.

Like the flowing water of the river, it is also the nature of the devotees of Baba Tapaswiji to allow the grace of Babaji to flow in the form of the mantra 'Sat Kartar Beda Par' to quench the thirst of seekers.

We are very close to nature - had that not been true then Babaji would have never said that " I am the bird of the Jungle". We too are his singing birds - singing His Glory - sharing His Mantra as a flowing grace from the source of the spiritual masters till it reaches all others who come in contact with us to allow them to merge into the ocean of bliss.

We have a practice in Tapasvi Yoga Mission to look at the future from Babaji's perspective and like every previous year, we have a spiritual message that we come up with to signify the new year.

Let us make this new year a special year by holifying it with the essence from one of the teachings of Babaji. Let us congratulate each other first - **A VERY HAPPY NEW YEAR.**

The message stored for the New Year 2012 to be shared with others is:

IN TRUTH LIES THE VICTORY

Let us now sit down in a lotus position and close our eyes and with fingers in chin mudra - let us repeat these words

IN TRUTH LIES THE VICTORY

IN TRUTH LIES THE VICTORY

so that these three words settle down in our entire being thru the rhythm of our slow breathing.

These words are the essence from of one of the golden teachings of Babaji which is 'The Truth seeker, the truth speaker, the truth doer is ever victorious everywhere'.

Also let these words of Babaji settle down in our being by the slow rhythm of our breathing 'The Truth seeker, the truth speaker, the truth doer is ever victorious everywhere'.

Breathe in deeply and in long breaths - this teaching of Babaji is grace from His previous 107 spiritual masters and then to Babaji as the 108th one. Now it is like sparkling and sacred pure water which is entering us to purifying us, guiding us on the right path during the new year of 2012 and thereafter.



IN TRUTH LIES THE VICTORY

You may now open your eyes and alongwith those who know pranayam, let us go through a small session of pranayam, a small yogic exercise.

How was that? Wasn't that good?

We will once again close our eyes, sit in the lotus position with fingers in



chin mudra and chant the mantra of Sat Kartar Beda Par after which we will meditate for about 5 minutes to experience the truth that is stored for us in the new year of 2012 - the truth that will guarantee us a passage to victory wherever we go. As said by Babaji "the truthful doer is ever victorious everywhere".

IN TRUTH LIES THE VICTORY

As every year, we have a culture in Tapasvi Yoga Mission to energise ourselves with a short story for all the new as well existing devotees who boarded Babaji's ship of Sat Kartar Beda Par-

Here is an interesting short story that is known as vignettes (vignettes are short stories).

The Story of Man Truth and Emperor Practice

As the story unfolds, there was once a very honest man whose name was Truth and who wanted to proclaim about Truth.

Truth would go from village to village, from town to town, find the marketplace and start proclaiming about the Truth that he knew. However, people around would turn their back on him and would say: "Oh, Truth is futile" or " Truth does not work in today's world" or "Truth is only for the sages!" and so on and so forth.

Truth was something that local people did not approve of. They turned their back, never heeded to what Truth had to proclaim. Village after village, town after town that Truth would visit would make him feel sad as he was not heard and all would show their back on him.

One day, Truth overheard someone talking about an Emperor named Practice. In the land of Emperor Practice, all the knowledge that was gained was always put into practice. Emperor Practice had a Guru whose teachings he would take to his heart.

Truth visited distant places and at last found the castle of Emperor Practice.

He entered the courtyard of the Emperor's palace and started proclaiming about Truth. Emperor Practice, as wise he was, thanks to the knowledge and teachings of his Guru, saw the man Truth and on hearing him immediately recognized the Truth in him.

Emperor Practice having heard all that Truth had to say, told him that he would make sure that man Truth be heard by all.

Emperor Practice announced a reward in his empire for the one who would write an essay on Truth and invited all learned men from his empire. At the same time, he invited the man Truth to also participate in the competition.

As a reward for the Essay competition, the Emperor decided to give all the participants a similar small treasure box each containing rubies and pearls as he respected everyone's version of truth. He however proclaimed that at the end he would announce the winner of the competition.

Along with the treasure boxes kept on the table, Emperor Practice also kept therein a handkerchief containing a small piece of paper containing his Guru's teachings.

At the end of the competition, the participants turned up one by one to collect their treasure boxes and when it was the turn of the man Truth, it was just the handkerchief that the man Truth picked up. He opened it and kissed over and over again the piece of paper which contained the Guru teachings of Emperor Practice.

Emperor Practice started smiling while the participants were taken aback as to why man Truth did not pay heed to the treasure box but opted for the handkerchief containing a small piece of paper.

Truth had recognized Truth - Emperor Practice called for the man Truth and told him to proclaim loudly the teachings of the Guru that Emperor Practice kept in the black handkerchief.

The man Truth did so - Emperor Practice, sitting on his golden throne rose suddenly, and everyone fell silent. Emperor then said to Truth; "Truth, in this competition you are victorious and I reward you with this empire. Having put the crown over the man Truth's head, Emperor Practice renounced his empire and got his daughter married to man Truth so that his empire could continue to be ruled by Truth and only the Truth.

Emperor Practice before renouncing his empire said to man Truth "Truth, go forth and tell your tale, for Truth will always be heard when Practiced with the words of the Guru".

What is the moral of the story ?

When you practice the Guru's teachings - you are victorious in every phase in the journey of your worldly life in today's material world of expectations, competition and continuing wants.

How was that ? Wasn't that good ? Let us tell this tale to all - let us share the mantra of Sat Kartar Bada Par with all. Oh Yes as TYites we are story tellers in Tapasvi Yoga Mission.

Baba's words of The Truth seeker, the truth speaker, the truth doer is ever victorious everywhere are very precious words for us, more precious than the rubies and pearls kept in the treasure boxes.

As devotees of Babaji, we are spiritually wealthy from inside as we have inherited grace naturally from 108 spiritual masters thru the mantra of Sat Kartar Bada Par of Sri 108 Baba Tapaswiji Purandasji Maharaj, our beloved Guru.

When you have spiritual wealth, you have true wealth that guarantees true health - and you will all agree that at the end it is health that is the real wealth.



Being aboard on Babaji's ship of Sat Kartar Bada Par, we honestly never need to take load on our head as the ship of Sat Kartar Bada Par sailing on the ocean of worldly life takes the entire load of all of us and all our belongings.

Hence we all promised ourselves to offload all that we were carrying on our head on the ship and told the same to all the other new devotees that before they board this majestic ship of Sat Kartar Bada Par they ought to do the same.

Babaji's ship of Sat Kartar Bada Par will take us smoothly across this year of 2012 and thereafter taking care of all our troubles and worries once we have firm belief in the mantra and Babaji's words of The Truth seeker, the truth speaker, the truth doer is ever victorious everywhere - victory is hence certain for all of us in the year 2012- aloha 2011 welcome 2012 .

IN TRUTH LIES THE VICTORY

Let us share some exiting quotes on truth from great ones to value its importance in today's world of materialistic life !

- You can bend it and twist it - You can misuse and abuse it - **but even God cannot change the truth - this is Michael Levy's quote - very inspiring.**
- If you love somebody, let them go, if they return, they were always

yours. If they don't, they never were - **now this is a bitter truth**

- All truths are easy to understand once they are discovered, the point is to discover them - **this is a sweet truth**

- Unless your heart, your soul and your whole being are behind every decision you make, the words from your mouth will be empty and each action will be meaningless. Truth and confidence are the roots of happiness - **this is a truth of confidence**

- If you tell the truth, you don't have to remember anything - **again an inspiring truth from quote of Mark Twain**

- You never find yourself until you face the truth - **as Pearl Bailey quoted**

- Whoever is careless with truth in small matters, cannot be trusted in important matters - **as Albert Einstein quoted**

- For every beauty, there is an eye somewhere to see it. For every truth, there is an ear somewhere to hear it. For every love, there is heart somewhere to receive it - **as Ivan Pain quoted**

- When you are sorrowful, look again in your heart and you shall see that in truth you are weeping for that which has been your delight - **as Kahil Gibran quoted**

- The Truth is incontrovertible, malice may attack it, ignorance may deride it but in the end there it is - **as quoted by Sir Winston Churchill**

There have been many interpretations and contemplations of Truth. The great ones experienced truth and having experienced truth, made it a point to share it. They felt within a responsibility to share and that is why their sharing is the wealth of knowledge for all those who valued their experience and applied the same to their lives.

In a similar manner, we share the mantra of Babaji of Sat Kartar Beda Par. The real wealth that we have been blessed with in the form of NAAM (Initiation) which will not only aide ourselves in our spiritual journey but will also aide our fellow mates who take this NAAM (Initiation) in course of the journey of worldly life.

IN TRUTH LIES THE VICTORY

The quotes of great ones we shared with you were very inspiring - isn't it ?

These quotes are of great beings who experienced truth and shared with others while they dared the truth ? Oh Yes they dared truth !

Are you ready to dare and experience the words from the teachings of Babaji? The Truth seeker, the truth speaker, the truth doer is ever victorious everywhere - If yes, then victory - Oh Yes the Victory is certainly yours !

To conclude and signify the message for this year 2012 and to celebrate the new year, let us take you through some inspiring Irish quotes on Truth :

- It is easy to be pleasant when life flows by like a song
But the man worth while is the one who will smile
When everything goes dead wrong,
For the test of the heart is trouble and it always comes
With years and the smile that is worth the praises of earth
Is the smile that shines through tears

- I believe in the sun when its not shining, I believe in love even when I feel it not, I believe in God even when he is silent

Yet one Irish quote that helps you always at the time of finding remedies:

- A good laugh and a long sleep are the best cures

We all hope that you sleep well? By and large a good 8 hours of sleep alongwith good laughs in life are the best remedies to ailments.

IN TRUTH LIES THE VICTORY

Message for the year 2012 based on teachings of Baba

WISH YOU A HEALTHY 2012

Sat Kartar Beda Par

Teachings Of Guru Are His Rays That Touch Us !



The Truth seeker, the truth speaker,
the truth doer is ever victorious everywhere

Always welcome the guests cheerfully,
wholeheartedly and with all love

Feed your guests first and after satisfying them,
you should eat and enjoy

Do not waste your time in arguments & debates,
Be amicable & cheerful and meet & mix with everybody

Faith is beyond reason. Let everyone be true to his or her faith
and the Guru

Serve the saints and sages faithfully and bow to them out of devotion with
all humility and humbleness

Be always away from mischievousness and
unmeaningful criticism of the saints and sages

Must learn to give if you want to receive. What bliss you receive in
feeding the hungry, you will never get in eating yourself

Man is born to serve others. He is not born only to eat and enjoy

Sacrifice and love should be man's ideal and motto

Saints and sages are incarnations of Divine.
Cling to them, do not give them up and you will realize the Divine.

Where there is God, there is Peace and Plenty.
Where there is Perfection, how can there be want ?

When the thousand handed God will be pleased with thee to give thee,
how much can you receive with only two hands?
When He will be pleased to give thee, He will give thee in plenty.

Saints in their worldly life always do maximum good for maximum number.
After giving up their body, they bless & do good whenever & wherever they are
remembered sincerely. Thus saints always live & do good for their devotees.

The merciful saint, or merciful Guru can undo the course of fate.
He, out of love for his disciple can help him/her attain the highest bliss.
The Guru does "Kalayana" of his disciple.

Never be angry. Be still and calm in all situations of life.

For married persons, yoga and meditation are very difficult.
For them Bhakti is very easy, simple and straight.

They are always happy who always remember and worship God.